

**SECRET LENTEN PRAYER PAL:** The Sr. UOL Chapter has decided to sponsor an Advent Prayer Pals. As a reminder, the idea of the *secret prayer pal* is to remember the needs of others by offering prayers for them during the Advent Season; not only to concentrate on your attempts at making your own life better, but to also remember someone else through the act of prayer.

To join the group, please see **Sue Leis during Coffee Hour Sunday** and ask to have your name included on the list. We will select our secret Prayer Pals Sunday and begin on November 28th. Do not tell your prayer pal that you are praying for them, this is to be done privately. On Christmas, January 7th, you are to greet your Prayer Pal with an ornament or some small token and the traditional greeting of "Christ Is Born" letting them know that you were their secret Prayer Pal. Please make sure that you identify yourself to your Lenten Prayer Pal on Christmas. How much does this cost? Only a little bit of time; a small effort; and a nominal cost for the small ornament that you hand your Prayer Pal on Christmas. Easy??? Definitely!!! Rewarding??? Extremely!!! It doesn't get much better than this. In this troubled world that we live in, who doesn't need a little extra prayer in their life? Remember, the best gift is the gift of constant prayer and we could all use more of it!

